

# SMOLICIOUS MENU

**-SOUP OF THE DAY-**

**REG \$6 /LRG \$10**



**-SALADS-**

**REG \$8 /LRG \$12**



**AMERICAN MADE**

**LAWDY LAWDY**

**OOO-WEE**

**GIDDY UP**



**-SMOOTHIES-**

**16 OUNCE \$8**

**SMOZENBERRY BLAST**

**TENNESSEE SUNSET**

**VACAY**

**RETOX**

**HONKY KONG**

**GREEN HANDLE**



# **SMOLICIOUS SALADS**

**SMO'S SALAD MIX IS A BLEND OF  
CHOPPED KALE WITH GREEN & RED LETTUCES**

## **AMERICAN MADE**

**SMO'S SALAD MIX, CARROT, CHERRY TOMATOES, CUCUMBER,  
ONION, BROCCOLI, DIRT ROAD RANCH OR MAPLE MUSTARD**

## **GIDDY UP**

**SMO'S SALAD MIX, BLACK BEANS, ONION,  
CHIPOTLE CORN, SMOLICIOUS SALSA, DIRT ROAD RANCH**

## **000-WEE**

**SMO'S SALAD MIX, CARROT, BROCCOLI, TOASTED TOFU,  
SESAME SEEDS, 000-WEE SAUCE**

## **LAWDY LAWDY**

**SMO'S SALAD MIX, CARROT, BROCCOLI,  
NASHVILLE HOT CHICKPEAS, ONION, DIRT ROAD RANCH**

# **SMOLICIOUS DRESSINGS**

**ALL DRESSINGS ARE MADE  
FROM SCRATCH WITHOUT OIL**

**DIRT ROAD RANCH • MAPLE MUSTARD**

**000-WEE SAUCE • SMOLICIOUS SALSA**

**NEED MORE? EXTRA \$1**

# **SALAD EXTRAS**

**ADD ANY TOPPING \$1**



**WHITE ONION**



**BLACK BEANS**

**CHIPOTLE CORN**



**TOASTED TOFU**

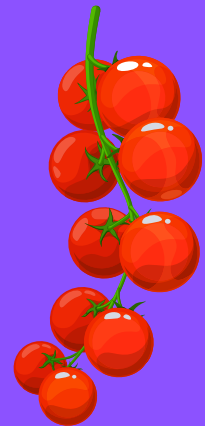


**CHERRY TOMATOES**



**MUSHROOMS**

**SWEET PEPPERS**



**CUCUMBER**



**BLACK OLIVES**

**PICKLES**





# **SMOLICIOUS SMOOTHIES**

**BLENDED WITH FILTERED WATER**

## **SMOZENBERRY BLAST**

**BANANA, BLUEBERRY, STRAWBERRY, AGAVE**

## **TENNESSEE SUNSET**

**PINEAPPLE, MANGO, CHERRY, AGAVE**

## **VACAY**

**BANANA, CINNAMON, AGAVE**

## **RETOX**

**BANANA, STRAWBERRY, AGAVE**

## **HONKY KONG**

**BANANA, CACAO POWDER, AGAVE**

## **GREEN HANDLE**

**PINEAPPLE, MANGO, KALE**

**ASK SMO ABOUT ONE OF  
HIS SPECIALTY SMOOTHIES**



# SMOOTHIE ADD-ONS



**RAW ALMOND BUTTER +\$1**

**GLUTEN-FREE OATS +\$1**



**CHIA SEEDS +\$1**

**CACAO POWDER +\$1**

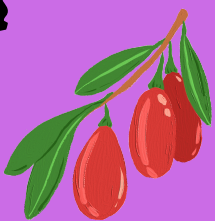


**MAPLE SYRUP +\$2**



**SHREDDED COCONUT +\$2**

**SUPER FOOD BLEND +\$2**



**HEMP SEEDS +\$2**

**CHOCOLATE CHIPS +\$2**

**YOU CAN "FLEX" ON ANY SMOOTHIE +\$2 PER SCOOP  
BY ADDING ORGANIC PLANT-BASED  
PEA PROTEIN ISOLATE!**



# SMOLICIOUS SOUPS

ALL OF OUR SOUPS ARE MADE WITH  
FRESH WHOLE-FOOD INGREDIENTS.

**ASK ABOUT SMO'S  
SOUP OF THE DAY**

**REG \$6 LRG \$10**

# SPECIALTY SWEETS

**MY OATS IN A JAR**

**REG \$6 LRG \$10**

**MUD HOLES**

**3 - \$3**

**6'ER - \$6**

**DOZEN - \$10**

**SERVED WITH A MUD PUDDLE**



# **OUR VISION**

**SMOLICIOUS MOBILE EATERY  
IS DEDICATED TO YOUR  
HEALTH, HAPPINESS, AND HUNGER.  
WE HAVE CREATED A HEALTHY, DELICIOUS,  
AND AFFORDABLE DINING OPTION IN A  
WORLD FULL OF PROCESSED, OILY,  
UNHEALTHY CHOICES.**

**SMOLICIOUS MOBILE EATERY OFFERS A  
WHOLE-FOOD, PLANT-BASED, GLUTEN-FREE,  
AND OIL-FREE MENU FOR YOU TO ENJOY.  
FROM OUR WAKE & SHAKE SMOOTHIES  
TO THE HOMEMADE MIDDAY SOUPS AND  
SALADS, YOU CAN FEED YOUR HEALTHY  
HUNGER WITH US ALL DAY LONG.**

**FEEL FREE TO ASK ABOUT ANY MENU ITEMS  
AND HOW YOU CAN CREATE THEM YOURSELF.  
WE NOT ONLY WANT YOU TO DINE WITH US,  
WE ALSO WANT TO EDUCATE YOU ON HOW TO  
PREPARE HEALTHY FOOD OPTIONS AT HOME.**

**THANK YOU FOR SHARING OUR VISION!**



**-SMO & SB**